

PE Curriculum



Intent

At Beccles Primary Academy, we value Physical Education (PE) as an important part of the children's entitlement to a broad and balanced curriculum. Physical Education provides the children with the opportunity to improve their knowledge, skill and understanding, so that they can perform and learn with increasing competence and confidence in a range of physical activities.

At Beccles Primary Academy, we aim to offer a high-quality Physical Education programme that incorporates and encourages all aspects of a healthy lifestyle, both physical and mental wellbeing, now and for the future. Through the PE curriculum, we aim to develop a love of physical activity and healthy competition, fostering the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

Implementation

At Beccles Primary Academy, our PE curriculum caters for all abilities from EYFS to Year 6 and ensures that we meet the requirements of the National Curriculum. PE lessons are taught weekly by a PE-specialist instructor.

Our PE curriculum is planned to ensure progression of knowledge and skills, building upon prior experience and having the opportunity to apply these fluently and confidently. Throughout the year, children participate in a range of sporting activities such as: invasion, striking and fielding, net and wall, swimming, gymnastics, dance and athletics.

Each session begins with a suitable warm-up linked to the Learning Intention. This is followed by the teaching of skills. Pupils then apply this in a game/performance situation before a cool-down. Being part of the North Suffolk Sport and Health Partnership, gives pupils opportunities to compete against other schools.

Children also have the opportunity to develop their interests and passions through the extra-curricular clubs offered.

Impact

By the time children leave Beccles Primary Academy they should:

- Be better able to communicate and cooperate with peers when participating in PE.
- Have improved attitudes towards PE, competitions and their peers.
- Demonstrate good team work, perseverance and leadership and have aspirations to improve.
- Have knowledge and understanding of how sports contribute to general health and wellbeing.

We measure the effectiveness and impact of our Physical Education Curriculum in a variety of ways:

- Summative assessment - termly assessments take place to track pupils' progress against age-related expectations for PE.
- Leaders' monitoring - lesson observations; learning walks; pupil voice.
- Children in Foundation Stage are assessed within the Early Years Framework and their progress tracked using Tapestry observations.
- Formative assessment - assessment for learning takes place each lesson and is used to identify individual needs and to inform future planning.